

St Mawes School and Nursey Personal Development Plan

What is personal development at our schools?

Personal Development (PD) focusses on

"preparing pupils for their adult lives, teaching them to understand how to engage with society and providing them with plentiful opportunities to do so." (Ofsted Inspection Handbook July 2022 paragraph 292)

Personal Development at St Mawes is focussed on developing the whole child in order that they reach their full potential academically, socially, emotionally and spiritually. We aim for all pupils to grow into well- educated, respectful, responsible adults who are:

- · Comfortable with who they are and have a deep sense of belonging
- Respectful of others and see difference as positive
- Able to make a positive contribution to school life, the wider community and society in general
- Happy, safe, confident and resilient
- Financially secure
- Model citizens prepared for life in modern Britain

Personal Development underpins all areas of the curriculum and is therefore taught daily through a variety of lessons and Circle Time sessions. Some aspects are taught in personal, social, health, and economic education (Jigsaw PSHE), science, computing (online safety) and PE. Other aspects are delivered through a comprehensive enrichment programme including:

- Trips (day and residential),
- Visiting speakers
- Assemblies
- Sports clubs
- Performing arts
- Music performance and events

- Forest school

- Subject learning clubs.
 Mentoring programmes (Reading Buddies)
 Leadership programmes e.g. School Council
 Special Events: religious and cultural

Aspect	Early Years	Key stage 1	Lower Key stage 2	Upper Key Stage 2
PSHE Pupils' wider safety Content on common risks (roads, fire, using equipment, medicines, strangers).	Road safety, fire/fireworks, deep water, use of equipment, keeping safe in unfamiliar places. Discussing risks when on trips Discuss stranger danger PSHE lessons on safety beyond the home RNLI talks PSHE Healthy Me unit on medicines and what you put on / in your body	Road safety, fire/fireworks, deep water, use of equipment, keeping safe in unfamiliar places. Medicines and drugs. Emergency situations. Year 1 Risks on trips / road safety/ management in a public place-shared with children before trips and visits. Beach safety Risk of medicines Emergencies and Getting help. Using PE equipment safely. Discussion of firework safety near bonfire night. Fire drill/ lockdown situation Year 2 Keeping safe inside (electricity. slips trips and falls, medicines) and outside (roads, lakes etc)	Road safety, fire/fireworks, deep water, use of equipment, keeping safe in unfamiliar places. Medicines and drugs. Emergency situations. Year 3 Road safety Fireworks and Bonfire Safety Drugs Strangers/E-Safety learning Sewing work in DT (safety of using needles) Year 4 PSHE lessons on First Aid and phoning Emergency Services E-Safety - keeping your personal information private, not talking to strangers online.	Road safety, fire/fireworks, deep water, use of equipment, keeping safe in unfamiliar places. Medicines and drugs. Emergency situations. Year 5 Financial risks (gambling) Online contact/online content in PSHE and Computing E-safety Water safety and self-rescue in PE/Geography Unhealthy diet (foods that affect us mentally and physically) Medications and vaccines in PSHE Exploring risks in everyday situations in PSHE Personal and group safety during residential

		 First aid Firework safety near bonfire night Fire Safety talk from Fire Brigade Risk assessments on trips - management in public places shared with children before trips. 	 Sewing work in DT (safety of using needles) Working Scientifically across the year Food Hygiene and using knives in when making cooking Using hot glue guns and saws in DT 	 Sewing in DT Safe use of equipment in science (SC1) Bikeability in the Autumn Term Year 6 Learnt basic and emergency first aid During residentials we have briefs on keeping safe in a variety of environments E-safety unit in computing and PSHE, children think about online relationships and how to stay safe Science - Healthy Bodies has a focus on health and unhealthy drugs and children find out about the effects of alcohol and tobacco on the body. Bikeability in the Autumn Term
PSHE Economic understanding ● Choices about money, keeping it safe, saving vs spending, risks.	Recognising money (coins, notes). Using money in class for day-to-day activities (eg paying for fruit). Role play area - inside and outside Maths sessions - exploring and handling money	How money is obtained (earned, borrowed, won, gifts). Keeping money safe. Needs vs wants. Different jobs and how people are paid.	Decisions about money. Spending vs saving. Loans and debt. Value vs cost. Risks (loss, theft). Keeping track of money. Keeping money safe.	Money — responsible management of money. Profit and loss.

PSHE Technology &	 Fundraising - discussions on where money comes from comparing different localities and life styles Learning to use technology in learning.	Year 1 Discussed when creating items for sale for summer and Christmas fairs. Money in Maths (brief discussion) Spending/ saving Dojos Year 2 Teaching Money in maths Discussion around spending or saving dojo points Aspirations day Finding information using	Year 3 Whole unit of money (budgeting and saving) in PSHE Money in Maths Year 4 Whole unit on money (essential and non essential items, bills and budgeting, banks, credit cards). Money in Maths. Raising and handling money for charity	Year 5 • Financial risks — gambling (PSHE) • Money (Maths) Year 6 • PSHE unit - Spending decisions and exploring risk in relation to gambling • Before moving into bigger spending decisions people have to make such as mortgages and bills. Finding information using
media • Forms of media and their impact (reliability of online content, risks of sharing).	 Use the IWB Headphones iPads CD player E Safety week 	technology. Ensuring adult supervision. Year 1 Use of iPads to photograph across the curriculum/research in plants etc. Use of Chromebooks E safety unit - what is personal information - not to share it with others.	technology. The reliability of online content. Risks of sharing text, information and images. Year 3 E-Safety Unit in Autumn Term (reliability of sources and risk of sharing information) Screen-time unit in PSHE	technology. How to access information efficiently with a focus on reliability of sources and content; how to manage online contact. Risks of sharing text, information and images. Year 5 • E-safety Autumn Term focus + throughout (Computing) • Online content and online contact (PSHE)

		 PSHE managing our time safely whilst online. Safer internet day Google Classroom Year 2 E-safety PSHE- Playing games online and friends online. Seeking permission when taking photographs Use of iPad and Chromebook. Safer internet day Range of media – Scratch Coding, Google Slides, Google kids, iMovie 	 E-Safety Unit in the Autumn Term PSHE Unit on E-Safety (including reliable content, personal information, when it is safe to share) Range of media -making own websites on Google Sites, iMovie Video advertisements, Coding 	 Source reliability in History — exploring the past Creating a virtual gallery- 3D modelling Coding — manipulating variables Multi-media presentations Year 6 E-safety Autumn Term focus + throughout (Computing). Reflecting on E-safety scenarios at the start of each lesson computing lesson to ensure information is returned to and applied
RSHE Relationships Pupils supported to stay safe (healthy & unhealthy relationships, respect, permission, appropriate & inappropriate contact, kindness, different families). Content about risks (online, where to find advice, reporting concerns). Supporting pupils with SEND.	 Weekly JIGSAW units exploring healthy relationships discussing differences as they arise Looking at images of different communities and discussing disabilities and celebrating differences Specific discussions about what we do / do not feel comfortable with 	 Vear 1 Discussion about being different but still being friends is discussed in PSHE. Exploring different families and who can keep us safe as part of PSHE programme. Identifying who can help when families make us feel unhappy or unsafe PSHE Healthy Relationships 	Pear 3 Different families discussed in RSE Inappropriate and appropriate contact in RSE Consent via touch in RSE Discussion about safe adults in PSHE PSHE PSHE Unit on Healthy Relationships	• Diverse communities (personal identities, how are we all connected; preventing discrimination) PSHE • Respectful relationships (identifying the features of a positive family life; recognising similarities and

throu Year 2 PSHE Celet differ Com photo perm RE - to all Forgi	int - Discussion gh PSHE PSHE Rap Lesson on Respect Relationships in RSE (Summer Term) Discussion about safe adults and who to talk to if they feel unsafe They feel unsafe PSHE ap Discussion about safe adults and who to talk to if they feel unsafe PSHE positive and safe relationships Pre-education risk assessment discussions about being safe when on an educational visit. Year 6 Autumn 1 PSHE unit 'Different types of relationships' explores harmful behaviour in relationships. Also, it teaches children how to manage
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DCUE C	TICSAW :: II III D.I.: I:	V. 4		situations when relationships become harmful • We also look at defining stereotypes and discrimination across society - including those who are disabled - and how the stereotypes can be problematic.
• Giving pupils knowledge to be well prepared for changes and for safe, healthy relationships. • Gender identity, using correct vocabulary, misconceptions corrected.	 JIGSAW unit on Healthy Relationships Range of books celebrating differences 	Exploring different families and who can keep us safe as part of RSE programme. Identifying who can help when families make us feel unhappy or unsafe (RSE Summer term). PSHE Healthy/ unhealthy relationships Our bodies/ boundaries Year 2 PSHE Friendships Music - Friendship song	Body parts discussed in RSE (differences between males and females) Healthy relationship discussed in PSHE Year 4 Year 4 PSHE Units about Puberty and Changes (opportunities to use correct vocabulary and correct misconceptions) Healthy relationship discussed in PSHE	PSHE- puberty in males and females Managing personal change — physical and emotional Pear 6 Autumn 1 PSHE unit 'Different types of relationships' explores different types of romantic relationships - including LGBTQ+ relationships They also explore what makes up healthy family characteristics In RSE - children discuss puberty and reproduction - it is kept relevant to things they need to maintain

				healthy and good mental and physical health. • Furthermore, a lesson is dedicated to communication within a relationship and how it is important to keep open lines of dialogue
RSHE Physical health & well-being Healthy eating. Physical health/fitness. Oral hygiene, sleep, sun protection, dangers of tobacco drugs & alcohol. Basic first aid.	 JIGSAW unit on Healthy Me. Weekly discussion in PE lessons on physical development and changes Dental discussion 	PSHE unit based around keeping healthy. (Includes healthy eating, people who help us, oral hygiene) PE - Get4PE importance of physical health Brain breaks Sun protection as part of Science/ Geography/ PSHE linked to Sun, Sea, Sand topic before beach trip. Mindful moments PE - Get set 4 PE Sun Protection - playtimes Mindful moments and brain breaks Mindfulness - PSHE lesson	Science Unit (Animals including humans) how to eat healthy Physical Health and Fitness in PSHE and PE lessons Sun safety lessons taught in PSHE Medicine (including drugs, tobacco and alcohol) in PSHE Year 4 Science learning on healthy eating specifically linked to teeth and oral hygiene Physica; health throughout PE lessons Physical and Mental Health discussed in PSHE lessons (coping	Be able to identify the different food groups in a balanced diet; explain what foods are not healthy and reasons why; able to plan a healthy meal (PSHE) PE — impact of physical exercise on physical exercise on physical and mental wellbeing Managing risk in everyday situations — medication, alcohol, drugs and impact on health ad wellbeing (PSHE) Summer Term — reminders about hats and sun

		 Science - animals in including humans - sleep, healthy diet, exercise and hygiene. PSHE - horrible hands PSHE - healthy teeth. PSHE Autumn - keeping safe indoors and outdoors and first aid sessions. 	strategies discussed) PSHE First Aid lessons (including ringing the emergency services)	cream protection during hot weather Mindful minutes throughout the week Survival skills — residential Year 6 In the science unit of healthy bodies, children are taught about the circulatory system and how to keep healthy. They find out about food types and their dietary information. Also, they have a lesson about the negative effects of drugs and alcohol on the body. Weekly PE lessons and promote active living.
Citizenship	Right and wrong EYFS Newsday Wednesday discussions Morning slides - discussing images Jigsaw Jennie sessions - exploring relationships •	Right and wrong The need for rules Different groups & communities Year 1 Discussion at the beginning of the	Democracy and its institutions Voluntary community and pressure groups The range of different national, regional, religious and ethnic identities in the UK. Year 3	Democracy through history. Communities and how they function. Diversity and discrimination Year 5

	year setting class rules. PSHE - Welcome to school - Positive behaviours. RE sessions - discussing different religions - comparing and contrasting. Roles and responsibilities Newsday Wednesdays Use of a wide range of images on slides including differing groups. Year 2 Roles and responsibilities Golden Respects Cool to be Kind Trophy Newsday Wednesday RE - Contrasting and comparing different religions. RE - peace in the world/our community British Value Different images of different groups on slides Right and Wrong	pressure (PSHE) Diverse on - what to be ns of d the Wrong - ks to Law ding the din - what diversity means; describe my personal identify in simple terms; understand that we shouldn't
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				 Autumn 1 PSHE unit 'Different types of relationships' explores different types of romantic relationships - including LGBTQ+ relationships We have our pupil parliament which has elected members. In addition to our elected house captains. We have a weekly British Value hot spot to focus which can quite often link to democracy.
Development of character Ethos of aspiration. High expectations to fulfil potential. Wider opportunities. Pride in the school. Strong self-discipline. Consideration, respect, good manners. Promotion of positive character traits and celebration of these.	 Clubs Meeting different adults to inspire and promote different jobs Class responsibilities Dojos, rewards Celebration certificates 	Year 1 Clubs Celebration assemblies/ Golden Respect awards. Class roles and responsibilities. Recognising of use of Learning Muscles to support learning. Trips and Local walks Assemblies Links to RE - Christianity and Judaism in particular. Recognising	■ Jobs and stereotypes in PSHE (exploring the qualities needed for different jobs in the future) ■ Friendship unit in PSHE (How to be a good friend) ■ Links to RE (Christianity, Judaism, Islam) ■ Swimming lessons Year 4 ■ Swimming lessons	Year 5 Year 5 residential; Access to KS2 sporting competitions; Class roles and responsibilities Peer pressure — focus on surrounding self with people with positive traits Healthy, positive relationships unit PSHE Positive online contact — PSHE Class assembly

Wider opportunities	• PDR approach to learning	similarities and differences/ respecting individual choices. PSHE unit Visitors in to School Bedtime stories Year 2 After school Clubs Assemblies PSHE - lessons including job roles in the community PSHE - friendship unit. Visitors into school	Raising money for Local Charity PSHE lessons about healthy relationships, including friendships Year 3	● We regularly refer to our school's golden respects and motto which build a culture of high aspiration. ● We reward the characteristics of children in celebration assemblies and praise in public.
Wider opportunities To develop pupils' interests. To further develop character/citizenship (meaningful voluntary work and taking on responsibilities in school and the local community). Is there a good take-up by disadvantaged pupils and those with SEND? Is there sustained participation? Is there a good range of lunchtime and/or after-school clubs? Are curricular visits designed to ensure that pupils learn what is intended from the trip?	 PDR approach to learning Clubs Opportunities to mix with other year groups School visits 	Class roles and responsibilities. Visits linked to curriculum learning - e.g. Geography fieldwork - activities designed to develop classroom learning. Clubs Visit to church Year 2 School sleepover Class roles After school clubs	Year 3 School sleepover Local competitions linked to our learning Year 4 Residential Raising money for Local Charity Local competitions linked to our learning	Year 5 Year 5 residential KS2 librarians Playleaders role Year 6 Year 6 take a leadership role across the pupil parliament committees they are elected for. Children with SEND are on the committees and represent the school at events and clubs. Christmas Carol Service. Year 6 residential

British values Democracy, the rule of law, individual liberty and mutual tolerance and respect. Are pupils taught that these values are precious and not seen across the world? Can pupils describe what life would be like (in an age-appropriate manner) what life would be like vithout one or more of these values? Does the school ensure that British values are not presented in a stereotypical manner with just cups of tea and Big Ben?	Consistently discussed within PSHE and RE lessons	Year 1 Consistently discussed within PSHE and RE sessions. Newsday Wednesday assembly focus. Pupil Parliament Roles and Responsibilities Year 2 Newsday Wednesday assembly RE and PSHE discussions Pupil Parliament Roles and Responsibilities Lunchtime buddies	Year 3 Consistently discussed within PSHE and RE lessons Year 4 Consistently discussed within PSHE and RE lessons	Year 5 Newsday Wednesday assembly focus Considered use of materials for lesson e.g., range of characters depicted. Rule of law discussed in context of Viking invasion of Lindisfarne and England Year 6 Taught and revisited throughout the year during PSHE Newsday Wednesday assembly prompts discussions about the British values in a purposeful, current context.
Inclusion and equality of opportunity No-one should be treated or thought of as less favourable because they belong to a specific group. Are pupils taught that not to be inclusive is	 Consistently discussed within PSHE and RE lessons Morning slides challenge stereotypes Books about inclusion / exclusion in library and class book corners 	 Year 1 Consistently discussed within PSHE and RE sessions. Newsday Tuesday assembly focus. Differences taught as part of RSE unit. Wide and varied images used on 	Year 3 Differences unit taught in PSHE (linked to how to be a good friend unit) Year 4 Consistently discussed within PSHE and RE lessons	Year 5 • Equal opportunities in Sport • RE — respect of all religions/beliefs • PSHE unit on value of diversity in communities Year 6

to be unjust to some people?		slides within sessions. Year 2 PSHE Varied images used in resources		 We also look at defining stereotypes and discrimination across society - including those who are disabled - and how these stereotypes can be problematic Autumn 1 PSHE unit 'Different types of relationships' explores different types of of romantic relationships - including LGBTQ+ relationships
Spiritual, Moral, Social and Cultural development	See SMS	SC document		
Effective pedagogy for PD Pupils revisit previous content. Teachers check what pupils know. Pupils' misconceptions are addressed. Relationships are positive and respectful.	 Plan,. do , review approach ensures all pupils learn to review processes and outcomes Regular formative assessment through maths and RWI sessions Staff and pupils discuss relationships during PSHE 	Year 1 ■ Flashback used in all learning. ■ Oracy activities used to support and identify misconceptions. ■ Circle times used when required to support social difficulties. ■ Misconceptions built in to teaching. ■ Robust transitions ■ DOJOs	Year 3 and Year 4 Flashback activities throughout all lessons Oracy activities throughout all lessons Relationships discussed in PSHE Units	Year 5 and 6 Flash back opportunities End of unit assessments Assessment weeks Use of ICT programmes to identify common misconceptions or gaps in knowledge Flexible planning, adapted to meet needs of the class.

		 Year 2 Flashbacks Oracy activities across the curriculum Misconceptions built into lessons. Transitions are robust at the end of the year. DOJOs 		 Class circle time in addition to PSHE planning to address relationships and social difficulties. Launch day opportunities to explore pupil starting points.
Effective assessment Teachers check pupils' knowledge. Formative assessment is timely and focused. Pupils have secure knowledge across elements (British values, finances etc).	Formative assessment takes place daily and pupil progress is discussed during PPA and in planning learning	Year 1 Flashbacks assess prior knowledge AFL used to inform future sessions to ensure appropriate for the class. Discussions between class teachers take place during PPA when planning. Use of floor books to be looked back upon. Year 2 Flashbacks used to review previous learning. AFL used to inform future planning. Floor books to be reflected back on.	Year 3 and Year 4 PSHE Spiral Curriculum (Consent in Year 3 and revisited in Year 6 - specific taught content)	Year 5 and 6 PSHE Spiral Curriculum (Consent in Year 3 and revisited in Year 6 - specific taught content)
Effective culture for PD ● Pupils are interested and engaged in the programme.	 Pupils have a say in shaping their questions for learning PPM ensure that expectations / discussions around progress remain high 	Year 1 ■ Fieldwork - community linked to Art ■ identifying places on a map and creating	Year 3 ■ Tomb Raiders (Egyptians), Rock of Ages (Stone Age - Iron Age), Togatastic (Romans) all	Year 5 ■ Vikings ; Ancient Maya, Rivers and King Arthur and the Sword in the Stone.

- There are high expectations of what pupils can learn.
- Content is supported by a package of wider opportunities.

- own simple map of route taken.
- Fieldwork —
 Comparing
 similarities and
 differences between
 Cornwall and the
 Lake District,
 identifying physical
 and human features
- Differentiated learning within all subjects.
- Assemblies cross curricular when appropriate
- Purposeful writing opportunities
- Knowledge organisers
- Visit to Church linked to Special Places

Year 2

- Fire brigade visit to school
- Class Assemblies
- Knowledge
 Organisers
- Raising money for charity
- Purposeful writing opportunities

- engaging topics for Year 3 children
- Dancer in for Egyptians, mummifying an orange, exploding volcanoes.

Year 4

- The Invaders
 (Anglo-Saxons),
 Greece is the
 Word (Modern
 and Ancient
 Greece), Our Earth
 (Saving the Planet)
- Beowulf visit to introduce English learning and Fantastic Finale to reenact the Battle of Hastings, making Anglo-Saxon Soup, Reading Anglo Saxon legends around campfire, making our own mythical beast (writing letter link), tasting traditional Greek food, making a travel brochure, making an electrical buzz wire game, making bird feeders and planting seeds, raising money for charity

- Differentiated learning within each subject.
- Discrete water safety, self-rescue session
- Launch days
- Fieldwork –
 Geography river
 study
- Outdoor forest school opportunities to explore Vikings.

Year 6

- Range of launch day, mid-point motivator and finale enrichment activities within each topic/unit.
- Differentiated learning within each subject.
- Discrete water safety, self-rescue session
- Launch days
- Fieldwork –
 Geography river
 study

Effective leadership of PD • Monitoring, evaluation and review. • Staff have good subject knowledge. • Strengths and weaknesses are identified. • There is clear continuity and progression from early years to Year 6. • The aims of the PD programme are shared	 NC EYFS Lead practitioner responsible for pupil welfare and progress Planning docs indicator clear progression in skills across the school 	English and Oracy lead- LE Phonics and Early Reading -KC Maths lead -KC Science lead - KC EYFS- KC DT lead - KC Art lead - KC Computing - KC History Lead -LE Geography Lead -EG PSHE, RSE RE lead - LE PE Lead/outdoor learning- EG Music Lead- EG Progression documents used when planning
programme are shared with parents.	school	Progression documents used when planning